

## **Intimate Insights To Revolutionizing Intimacy A Pocketful Book By Matrika Press**

Passionate Marriage Understanding Extreme Sports: A Psychological Perspective The Course of Love What I Know For Sure The Future of Reputation AI Superpowers The Prophet Fanocracy The complete letters of Vincent van Gogh with reproductions of all the drawings in the correspondence. 1 (1981) Attachment Disturbances in Adults: Treatment for Comprehensive Repair Design for Living Sea Change Brand Intimacy Living a Feminist Life Why We Write About Ourselves Creating the Productive Workplace The Situation and the Story Why We Love Sex That Works Intimate Insights to Revolutionizing Intimacy What Is Marriage? Poetry Is Not a Luxury New Romantic Cyborgs Women of Spirit Rekindling Desire All that is Solid Melts Into Air Intimacy and Desire Revolutionizing Intimacy Revolutionizing Romance Small Giants Men and Marriage The Radio Station Love 2.0 New Rules for the New Economy Rilke on Love and Other Difficulties: Translations and Considerations Rekindling Desire Resurrecting Sex Never Alone The Three Marriages Handbook of Clinical Sexuality for Mental Health Professionals

### **Passionate Marriage**

A comprehensive treatment approach for the repair and resolution of attachment disturbances in adults, for use in clinical settings. With contributions by Paula Morgan-Johnson, Paula Sacks, Caroline R. Baltzer, James Hickey, Andrea Cole, Jan Bloom, and Deirdre Fay. Attachment Disturbances in Adults is a landmark resource for (1) understanding attachment, its development, and the most clinically relevant findings from attachment research, and (2) using this understanding to inform systematic, comprehensive, and clinically effective and efficient treatment of attachment disturbances in adults. It offers an innovative therapeutic model and set of methods for treating adult patients with dismissing, anxious-preoccupied, or disorganized attachment. In rich detail, it integrates historical and leading-edge attachment research into practical, effective treatment protocols for each type of insecure attachment. Case transcripts and many sample therapist phrasings illustrate how to apply the methods in practice. Part I, "Foundational Concepts," features a comprehensive overview of the field of attachment, including its history, seminal ideas, and existing knowledge about the development of attachment bonds and behaviors. Part II, "Assessment," addresses the assessment of attachment disturbances. It includes an overview of attachment assessment for the clinician and a trove of practical recommendations for assessing patients' attachment behavior and status both outside of and within the therapeutic relationship. In Part III, "Treatment," the authors not only review existing treatment approaches for attachment disorders in adults, but also introduce an unprecedented, powerful new treatment method. This method, the "Three Pillars" model, is built on three essential clinical ingredients: Systematically utilizing ideal parent figure imagery to develop a new positive, stable internal working model of secure

attachment Fostering a range of metacognitive skills Fostering nonverbal and verbal collaborative behavior in treatment Used together, these interdependent pillars form a unified and profoundly effective method of treatment for attachment disturbances in adults—a must for any clinician. In Part IV, "Type-Specific Treatment," readers will learn specific variations of the three treatment pillars to maximize efficacy with each type of insecure attachment. Finally, Part V, "A Treatment Guide and Expected Outcomes," describes treatment in a step-by-step format and provides a success-assessment guide for the Three Pillars approach. This book is a comprehensive educational resource and a deeply practical clinical guide. It offers clinicians a complete set of tools for effective and efficient treatment of adult patients with attachment disturbances.

## **Understanding Extreme Sports: A Psychological Perspective**

Teeming with chatrooms, online discussion groups, and blogs, the Internet offers previously unimagined opportunities for personal expression and communication. But there's a dark side to the story. A trail of information fragments about us is forever preserved on the Internet, instantly available in a Google search. A permanent chronicle of our private lives--often of dubious reliability and sometimes totally false--will follow us wherever we go, accessible to friends, strangers, dates, employers, neighbors, relatives, and anyone else who cares to look. This engrossing book, brimming with amazing examples of gossip, slander, and rumor on the Internet, explores the profound implications of the online collision between free speech and privacy. Daniel Solove, an authority on information privacy law, offers a fascinating account of how the Internet is transforming gossip, the way we shame others, and our ability to protect our own reputations. Focusing on blogs, Internet communities, cybermobs, and other current trends, he shows that, ironically, the unconstrained flow of information on the Internet may impede opportunities for self-development and freedom. Long-standing notions of privacy need review, the author contends: unless we establish a balance between privacy and free speech, we may discover that the freedom of the Internet makes us less free.

## **The Course of Love**

The classic book on business strategy in the new networked economy— from the author of the New York Times bestseller *The Inevitable* Forget supply and demand. Forget computers. The old rules are broken. Today, communication, not computation, drives change. We are rushing into a world where connectivity is everything, and where old business know-how means nothing. In this new economic order, success flows primarily from understanding networks, and networks have their own rules. In *New Rules for the New Economy*, Kelly presents ten fundamental principles of the connected economy that invert the traditional wisdom of the industrial world. Succinct and memorable, *New Rules* explains why these powerful laws are already hardwired into the new economy, and how they play out in all kinds of business—both low and high tech—all over the world. More than an overview of new economic principles, it prescribes clear and specific strategies for success

in the network economy. For any worker, CEO, or middle manager, New Rules is the survival kit for the new economy.

## **What I Know For Sure**

Until very recently, no society had seen marriage as anything other than a conjugal partnership: a male-female union. *What Is Marriage?* identifies and defends the reasons for this historic consensus and shows why redefining civil marriage as something other than the conjugal union of husband and wife is a mistake. Originally published in the *Harvard Journal of Law and Public Policy*, this book's core argument quickly became the year's most widely read essay on the most prominent scholarly network in the social sciences. Since then, it has been cited and debated by scholars and activists throughout the world as the most formidable defense of the tradition ever written. Now revamped, expanded, and vastly enhanced, *What Is Marriage?* stands poised to meet its moment as few books of this generation have. Sherif Girgis, Ryan T. Anderson, and Robert P. George offer a devastating critique of the idea that equality requires redefining marriage. They show why both sides must first answer the question of what marriage really is. They defend the principle that marriage, as a comprehensive union of mind and body ordered to family life, unites a man and a woman as husband and wife, and they document the social value of applying this principle in law. Most compellingly, they show that those who embrace same-sex civil marriage leave no firm ground—none—for not recognizing every relationship describable in polite English, including polyamorous sexual unions, and that enshrining their view would further erode the norms of marriage, and hence the common good. Finally, *What Is Marriage?* decisively answers common objections: that the historic view is rooted in bigotry, like laws forbidding interracial marriage; that it is callous to people's needs; that it can't show the harm of recognizing same-sex couplings or the point of recognizing infertile ones; and that it treats a mere "social construct" as if it were natural or an unreasoned religious view as if it were rational.

## **The Future of Reputation**

Christian marriage is a cord of three strands: husband, wife and God. Too often in the stress of daily living, the third strand is overlooked. Showing how changing readers' focus from what they want to what God wants from their union, a husband-and-wife team encourages readers to allow God to bring wholeness to their marriages.

## **AI Superpowers**

"An engrossing tale [that] provides plenty of food for thought" (People, Best New Books pick), this playful, wise, and profoundly moving second novel from the internationally bestselling author of *How Proust Can Change Your Life* tracks the beautifully complicated arc of a romantic partnership. We all know the headiness and excitement of the early days of love.

But what comes after? In Edinburgh, a couple, Rabih and Kirsten, fall in love. They get married, they have children—but no long-term relationship is as simple as “happily ever after.” The Course of Love explores what happens after the birth of love, what it takes to maintain, and what happens to our original ideals under the pressures of an average existence. We see, along with Rabih and Kirsten, the first flush of infatuation, the effortless of falling into romantic love, and the course of life thereafter. Interwoven with their story and its challenges is an overlay of philosophy—an annotation and a guide to what we are reading. As The New York Times says, “The Course of Love is a return to the form that made Mr. de Botton’s name in the mid-1990s....love is the subject best suited to his obsessive aphorizing, and in this novel he again shows off his ability to pin our hopes, methods, and insecurities to the page.” This is a Romantic novel in the true sense, one interested in exploring how love can survive and thrive in the long term. The result is a sensory experience—fictional, philosophical, psychological—that urges us to identify deeply with these characters and to reflect on his and her own experiences in love. Fresh, visceral, and utterly compelling, The Course of Love is a provocative and life-affirming novel for everyone who believes in love. “There’s no writer alive like de Botton, and his latest ambitious undertaking is as enlightening and humanizing as his previous works” (Chicago Tribune).

## **The Prophet**

Vincent van Gogh’s letters to his brother Theo, other family members and friends such as fellow artists Gauguin and Émile Bernard are renowned for being the most passionate body of correspondence ever written by a painter. Giving a wealth of insight into the artist’s character and state of mind, these three volumes contain all the existing letters with reproductions of the drawings with which they were illustrated. Most of the 650 letters were written between 1872 when Vincent was nineteen, and the year he died, 1890. All have been annotated and translated with the help of Theo’s son. The reproductions include self-portraits and sketches, and in addition there are introductory essays and a memoir of the artist written in 1913 by Theo’s widow.

## **Fanocracy**

In Living a Feminist Life Sara Ahmed shows how feminist theory is generated from everyday life and the ordinary experiences of being a feminist at home and at work. Building on legacies of feminist of color scholarship in particular, Ahmed offers a poetic and personal meditation on how feminists become estranged from worlds they critique—often by naming and calling attention to problems—and how feminists learn about worlds from their efforts to transform them. Ahmed also provides her most sustained commentary on the figure of the feminist killjoy introduced in her earlier work while showing how feminists create inventive solutions—such as forming support systems—to survive the shattering experiences of facing the walls of racism and sexism. The killjoy survival kit and killjoy manifesto, with which the book

concludes, supply practical tools for how to live a feminist life, thereby strengthening the ties between the inventive creation of feminist theory and living a life that sustains it.

## **The complete letters of Vincent van Gogh with reproductions of all the drawings in the correspondence. 1 (1981)**

Re-v-o-lu-tion: a radical or pervasive change in something. Seeing, hearing, and truly understanding someone else is an intimate act of great change. Too long our fight for survival has predominated our relationships at the expense of intimacy. When all most of us wants is to feel love and connection. This book is a blueprint for knowing ourselves and the ones we love more deeply.

## **Attachment Disturbances in Adults: Treatment for Comprehensive Repair**

In this remarkable new book, Dr. David Schnarch, world-renowned sex and marital therapist and author of *Passionate Marriage*, offers a groundbreaking approach to resolving sexual difficulties and the relationship problems they cause. By showing couples how they can turn their worst sex and relationship disasters into personal growth and spiritual connection, Dr. Schnarch offers couples the best sex of their lives. In addition to taking an unflinchingly honest, realistic, and erotic approach to sex, Dr. Schnarch reveals the complicated emotional interactions hidden within couples' most private moments. *Resurrecting Sex* speaks of compassion, partnership, generosity, and integrity in adult sexual relationships, offering hope to millions of people -- golden-anniversary marriages, newly formed couples, and singles alike -- who are struggling with sexual difficulties. Uplifting, provocative, and heartfelt, the book is organized into four sections: A crash course in sex Explanation of how sexual relationships really work Medical options and bionic solutions Vignettes of couples changing their sexual relationships *Resurrecting Sex* addresses all major sexual issues, including male erection problems such as rapid orgasm and delayed orgasm; women's problems with arousal and lubrication, difficulty reaching orgasm, and low desire; full coverage of *Viagra* (for both men and women); and other sex-enhancing drugs and medical options. Rather than dwelling on sexual techniques, this sympathetic book shows how to cure the rejection, hostility, and emotional alienation that often accompany sexual problems. Its unique method helps couples develop the love, affection, and commitment that prevent divorce and strengthen families. Generous of spirit, enlightened, and insightful, *Resurrecting Sex* is destined to make the world a better place to fall in love.

## **Design for Living**

Explains how to achieve emotional, sexual, and personal fulfillment and intimacy while in a committed relationship.

## Sea Change

From Patagonia to Apple, Whole Foods to New Balance, we love our favorite products--and, by extension, the companies that provide them. The emotional connections we form with our beloved brands and services are important relationships--relationships that are potentially worth billions. In the fast-paced, constantly-changing world of the modern marketplace, brands must adapt or perish—strategies, methods, and techniques must evolve to remain effective and relevant. Are you using yesterday's thinking for tomorrow's challenges? Brand Intimacy details ways to build better marketing through the cultivation of emotional connections between brand and consumer. The book provides lessons for marketers and business leaders alike who are seeking to understand these ultimate brand relationships and the opportunities they represent. Divided into three sections, Brand Intimacy starts with Context and Understanding. This explains today's marketing landscape, the effects of technology, consumer behaviors and the advancements around decision making. Through research we discovered that people form relationships with brands the same way they develop relationships with other people. This section provides guidance on how to think about complimentary concepts such as loyalty, satisfaction and brand value. We then explore and compare established approaches and methodologies and showcase why intimacy is a compelling new and enhanced opportunity to build your brand or market your business. The second section, Theory and Model reveals and dimensions the brand intimacy model and dissects it into steps to help you better factor it into your marketing approaches or frameworks. Here you will learn the core concepts and components that are essential to build bonds and the role emotion can play to help you achieve greater customer engagement. You can also review the rankings of the best brands in terms of Brand Intimacy. A summary of our annual research reveals the characteristics of best performers, the most intimate industries, and differences based on geography, age, gender and income. By examining the top intimate brands, we reveal and decode the secrets of the bonds they form with their customers. The third section is Methods & Practice, this details the economic benefits and advantages of a strategy that factors Brand Intimacy. Intimate brands are proven to outperform the Fortune 500 and Standards and Poors' index of brands. Intimate brands create more revenue and profit and last longer. Consumers are also willing to pay more for a brand they are more intimate with. Conversely, we also explore a series of brand failures and lessons learned to help you avoid common pitfalls in brand management. We articulate the steps to build a more intimate brand as well as share a glimpse on the future where software will play a more important role in brand building. The book outlines a proprietary digital platform that we use to help manage and enable intimacy through collaboration, simulators and real-time tracking of emotions. Business and marketing owners face an increasing difficult task to build brands that rise above the clutter, engage more and grow. Brand Intimacy explains how to better measure, build and manage enduring brands. Brands that are built to inspire as well as profit. Written by experienced marketers and backed by extensive research, Brand Intimacy rewrites the rulebook on how to establish and expand your marketing. The book is equal parts theory, research and practice, the result of 7 year journey and a new marketing paradigm for the modern marketer.

## **Brand Intimacy**

A Pocketful of Intimate Insights This book is an invitation to open your heart to a profound state of relating, free your mind of the emotional burdens and awaken your senses to life with this pocket-sized (4x6) book of quotes from "Revolutionizing Intimacy" - A Guide to Creating Profound Relationships in The Bedroom and The Boardroom to be released in 2017. "This boundless form of intimacy is like an infinite garden without walls or borders. It is priceless material and wisdom to cultivate, cherish, and nourish." - Tziporah Kingsbury, Soulful Relating Institutewww.MatrikaPress.com/revolutionizing-intimacy-pocketful-book

## **Living a Feminist Life**

In this groundbreaking book, Dr. David Schnarch, one of the foremost experts on sexuality and relationships, explains why normal healthy couples in long-term relationships have sexual desire problems, regardless of how much they love each other or how well they communicate. In-depth examples of couples he has counselled reveal his unique understanding of common-but-difficult sexual desire problems that affect couples of all ages. Combining compassion and clinical wisdom, Dr. Schnarch explains how to use his revolutionary Four Points of Balance approach to resolve low desire, mismatched desire, sexual boredom, and the emotional gridlock that accompanies these problems. Intimacy and Desire provides a roadmap for how couples can transform common sexual desire problems into self-exploration and personal development that leads to psychological and spiritual growth, stronger relationships, and more powerful and meaningful desire for each other. It provides time-proven comprehensive solutions that help couples reconnect with each other sexually, and take their intimacy and passion to new, previously unexplored heights.

## **Why We Write About Ourselves**

An account of the complex relationship between technology and romanticism that links nineteenth-century monsters, automata, and mesmerism with twenty-first-century technology's magic devices and romantic cyborgs.

## **Creating the Productive Workplace**

A radical, "crystalline" (Elle) approach to integrating our work, relationships, and inner selves from the bestselling author, poet, and speaker. The author of Crossing the Unknown Sea and The Heart Aroused encourages readers to reimagine how they inhabit the worlds of love, work, and self-understanding. Whyte suggests that separating these "marriages" in order to balance them is to destroy the fabric of happiness itself. Drawing from his own struggles and the lives of some of the

world's great writers and artists-from Dante to Jane Austen to Robert Louis Stevenson-Whyte explores the ways these core commitments are connected. Only by understanding the journey involved in each of the three marriages and the stages of their maturation, he says, can we understand how to bring them together in one fulfilled life.

## **The Situation and the Story**

A new edition of a classic title, featuring updated and additional material to reflect today's competitive work environments, contributed by a team of international experts. Essential for anyone involved in the design, management and use of work places, this is a critical multidisciplinary review of the factors affecting productivity, as well a practical solutions manual for common problems and issues.

## **Why We Love**

Scholars have long heralded mestizaje, or race mixing, as the essence of the Cuban nation. Revolutionizing Romance is an account of the continuing significance of race in Cuba as it is experienced in interracial relationships. This ethnography tracks young couples as they move in a world fraught with shifting connections of class, race, and culture that are reflected in space, racialized language, and media representations of blackness, whiteness, and mixedness. As one of the few scholars to conduct long-term anthropological fieldwork in the island nation, Nadine T. Fernandez offers a rare insider's view of the country's transformations during the post-Soviet era. Following a comprehensive history of racial formations up through Castro's rule, the book then delves into more intimate and contemporary spaces. Language, space and place, foreign tourism, and the realm of the family each reveal, through the author's deft analysis, the paradox of living a racialized life in a nation that celebrates a policy of colorblind equality.

## **Sex That Works**

With sensitivity and tact, the McCarthys offer a 10-step program that features concrete techniques and effective strategies designed to help couples increase sexual awareness, confront inhibitions, revitalize desire, and integrate intimacy and eroticism.

## **Intimate Insights to Revolutionizing Intimacy**

The experience of modernization -- the dizzying social changes that swept millions of people into the capitalist world -- and modernism in art, literature and architecture are brilliantly integrated in this account.

## **What Is Marriage?**

A book of poetic essays written in English, Kahlil Gibran's *The Prophet* is full of religious inspirations. With the twelve illustrations drawn by the author himself, the book took more than eleven years to be formulated and perfected and is Gibran's best-known work. It represents the height of his literary career as he came to be noted as 'the Bard of Washington Street.' Captivating and vivified with feeling, *The Prophet* has been translated into forty languages throughout the world, and is considered the most widely read book of the twentieth century. Its first edition of 1300 copies sold out within a month.

## **Poetry Is Not a Luxury**

Introduction -- China's Sputnik moment -- Copycats in the Coliseum -- China's alternate Internet universe -- A tale of two countries -- The four waves of AI -- Utopia, dystopia, and the real AI crisis -- The wisdom of cancer -- A blueprint for human co-existence with AI -- Our global AI story

## **New Romantic Cyborgs**

How maverick companies have passed up the growth treadmill — and focused on greatness instead. It's an axiom of business that great companies grow their revenues and profits year after year. Yet quietly, under the radar, a small number of companies have rejected the pressure of endless growth to focus on more satisfying business goals. Goals like being great at what they do, creating a great place to work, providing great customer service, making great contributions to their communities, and finding great ways to lead their lives. In *Small Giants*, veteran journalist Bo Burlingham takes us deep inside fourteen remarkable companies that have chosen to march to their own drummer. They include Anchor Brewing, the original microbrewer; CitiStorage Inc., the premier independent records-storage business; Clif Bar & Co., maker of organic energy bars and other nutrition foods; Righteous Babe Records, the record company founded by singer-songwriter Ani DiFranco; Union Square Hospitality Group, the company of restaurateur Danny Meyer; and Zingerman's Community of Businesses, including the world-famous Zingerman's Deli of Ann Arbor. Burlingham shows how the leaders of these small giants recognized the full range of choices they had about the type of company they could create. And he shows how we can all benefit by questioning the usual definitions of business success. In his new afterward, Burlingham reflects on the similarities and learning lessons from the small giants he covers in the book. From the Hardcover edition.

## **Women of Spirit**

A guide to the art of personal writing, by the author of *Fierce Attachments* and *The End of the Novel of Love* All narrative writing must pull from the raw material of life a tale that will shape experience, transform event, deliver a bit of wisdom. In a story or a novel the "I" who tells this tale can be, and often is, an unreliable narrator but in nonfiction the reader must always be persuaded that the narrator is speaking truth. How does one pull from one's own boring, agitated self the truth-speaker who will tell the story a personal narrative needs to tell? That is the question *The Situation and the Story* asks--and answers. Taking us on a reading tour of some of the best memoirs and essays of the past hundred years, Gornick traces the changing idea of self that has dominated the century, and demonstrates the enduring truth-speaker to be found in the work of writers as diverse as Edmund Gosse, Joan Didion, Oscar Wilde, James Baldwin, or Marguerite Duras. This book, which grew out of fifteen years teaching in MFA programs, is itself a model of the lucid intelligence that has made Gornick one of our most admired writers of nonfiction. In it, she teaches us to write by teaching us how to read: how to recognize truth when we hear it in the writing of others and in our own.

## **Rekindling Desire**

*Poetry is Not a Luxury* is an exhibition catalog for the 2019 exhibition of the same name. It considers how book arts have contributed to the recording of oppositional subjectivities in the U.S. The exhibition is titled after Audre Lorde's 1977 essay on the intersections of creativity and activism that were not only essential to her own work but to a diverse group of feminist thinkers at the time. Recognizing that both creative work and activism are driven by subjectivity, Lorde argues that for women poetry is not a luxury but a vital necessity, as it provides a framework through which survival and the desire for change can be articulated, conceptualized, and transformed into meaningful action. Featured artists: Aurora De Armendi with Adriana Mendez Rodenas; Zeina Barakeh; Janine Biunno; Ana Paula Cordeiro; Joyce Dallal; Nancy Genn; Gelare Khoshgozaran; Brenda Louie; Nancy Morejon with Ronaldo Estevez Jordan and Marciel Ruiz; Katherine Ng; Miné Okubo; Martha Rosler; Zeinab Saab; Jacqueline Reem Salloum; Patricia Sarrafian Ward; Jana Sim; Sable Elyse Smith; Patricia Tavenner; Christine Wong Yap; and Helen Zughaib. Publisher: The Center for Book Arts City: New York, NY Year: 2019 Pages: 48 Dimensions: 6.625 x 9 inches Cover: Letterpress printed softcover\*\*This product ships on 7/30/2019\*\* Binding: Dos-à-dos staple bound Interior: Color and black and white digital offset Edition Size: 300

## **All that is Solid Melts Into Air**

A Wall Street Journal bestseller From the author of *New Rules of Marketing & PR*, a bold guide to converting customer passion into marketing power. How do some brands attract word-of-mouth buzz and radical devotion around products as everyday as car insurance, b2b software, and underwear? They embody the most powerful marketing force in the world: die-hard fans. In this essential book, leading business growth strategist David Meerman Scott and fandom expert Reiko Scott

explore the neuroscience of fandom and interview young entrepreneurs, veteran business owners, startup founders, nonprofits, and companies big and small to pinpoint which practices separate organizations that flourish from those stuck in stagnation. They lay out a road map for converting customers' ardor into buying power, pulling one-of-a-kind examples from a wide range of organizations, including: · MeUndies, the subscription company that's revolutionizing underwear · HeadCount, the nonprofit that registers voters at music concerts · Grain Surfboards, the board-building studio that willingly reveals its trade secrets with customers · Hagerty, the classic-car insurance provider with over 600,000 premier club members · HubSpot, the software company that draws 25,000 attendees to its annual conference For anyone who seeks to harness the force of fandom to revolutionize his or her business, Fanocracy shows the way.

## Intimacy and Desire

Women of Spirit - Exploring Sacred Paths of Wisdom Keepers is a compilation of women sojourners, sages, mystics, witches, shaman, medicine women, ministers, philosophers, therapists, life coaches, yogis, and more. Their journeys. Their stories. Their teachings and practices. Essays, Poetry, Art, Rituals and Prayers. This anthology is full of useful tools and powerful messages for everyone who is on a spiritual journey to embrace and enjoy. Originally published in 2014, this beautiful anthology has been recently revised and re-released. Beloved Contributors include:\* Anna Huckabee Tull \* Bernadette Rombough \* Deb Elbaum \* Deborah Diamond \* Debra Wilson Guttas \* Grace Ventura\* Janeen Barnett \* JoAnne Bassett \* Judy Ann Foster \* Julie Matheson \* Kate Early \* Kate Kavanagh \* Katherine Glass \* Kris Oster \* Lea M. Hill \* Meghan Gilroy \* Morwen Two Feathers \* Rustie MacDonald \* Shamanaca \* Sharon Hinckley \* Shawna Allard \* Shiloh Sophia \* Susan Feathers \* Tiffany Cano \* Tory Londergan \* "Twinkle" Marie Manning \* Tziporah Kingsbury \* Valerie Sorrentino

## Revolutionizing Intimacy

As a creative force, student of the human heart and soul, and champion of living the life you want, Oprah Winfrey stands alone. Over the years, she has made history with a legendary talk show - the highest-rated program of its kind, launched her own television network, become the nation's only African-American billionaire, and been awarded both an honorary degree by Harvard University and the Presidential Medal of Freedom. From all her experiences, she has gleaned life lessons—which, for fourteen years, she's shared in O, The Oprah Magazine's widely popular "What I Know For Sure" column, a monthly source of inspiration and revelation. Now, for the first time, these thoughtful gems have been revised, updated, and collected in What I Know For Sure, a beautiful cloth bound book with a ribbon marker, packed with insight and revelation from Oprah Winfrey. Organized by theme—joy, resilience, connection, gratitude, possibility, awe, clarity, and power—these essays offer a rare, powerful and intimate glimpse into the heart and mind of one of the world's most extraordinary women—while providing readers a guide to becoming their best selves. Candid, moving, exhilarating,

uplifting, and frequently humorous, the words Oprah shares in *What I Know For Sure* shimmer with the sort of truth that readers will turn to again and again.

## **Revolutionizing Romance**

For over a decade *Rekindling Desire* has helped to restore and restructure sexuality in thousands of lives. This expanded edition continues the exploration of inhibited sexual desire and no-sex relationships by respected therapist Barry McCarthy, who brings decades of knowledge and the expertise that comes from having treated almost 3,000 couples for sexual problems. Contained within are suggested strategies and exercises that help develop communication and sexual skills, as well as interesting case studies that open the doors to couples' sexual frustrations. The shame, embarrassment, and hesitancy that individuals feel with themselves, and the resentment and blame they can feel towards their sexual partners, are explored and put into context. Whether you are married, cohabitating, or dating, or if you are 25, 45, or 75, reading this book will help renew your sexual desire and put you on the path towards healthy, pleasure-oriented sexuality.

## **Small Giants**

Draws on laboratory research to redefine love as a scientifically based response to moments of connection between people, demonstrating how to measure and strengthen one's capacity for experiencing love to improve overall health and longevity.

## **Men and Marriage**

In the voices of twenty landmark memoirists—including New York Times bestselling authors Cheryl Strayed, Sue Monk Kidd, and Pat Conroy—a definitive text on the craft of autobiographical writing, indispensable for amateur and professional writers alike. For readers of Mary Karr's *The Art of Memoir* and Judith Barrington's *Writing the Memoir*, this follow-up to editor Meredith Maran's acclaimed writers' handbook, *Why We Write*, offers inspiration, encouragement, and pithy, practical advice for bloggers, journal-keepers, aspiring essayists, and memoirists. Curated and edited by Maran, herself an acclaimed author and book critic, these memoirists share the lessons they've learned through years of honing their craft. They reveal what drives them to tell their personal stories and examine the nuts and bolts of how they do it. Speaking frankly about issues ranging from turning oneself into an authentic, compelling character to exposing hard truths, these outstanding authors disclose what keeps them going, what gets in their way, and what they love most—and least—about writing about themselves. "It's possible that *Why We Write About Ourselves* is the first compilation of memoirists at the top of their game seriously and thoughtfully considering the genre." - LA Times From the Trade Paperback edition.

## The Radio Station

Awaken Your Erotic Life “Making sex work—embracing your erotic soul and deepening the intimacy in your life—is both a consequence of deep presence and its gift. Healing our selves in our deepest erotic space can only be a deliberate act, and the doing of it miraculously seems to heal everything else. Tapping into the courage to know your own deepest sexual thoughts and feelings, and offering them with your whole being, is both a life work and lasting gift that will be long remembered.” —Wendy Strgar, *Sex That Works* If you and your partner have lost that special spark, here is a book with the power to save your sex life—and your relationship. *Sex That Works* invites you to experience a new level of feeling and a new level of freedom in your sexuality. Wendy Strgar offers healing insights, potent practices (for you alone and with your partner), and guidance drawn from her marriage of over 30 years and her work with thousands of people to encourage the full awakening and expression of your erotic life. Nine core topics include: Freedom Taking responsibility for your sexual evolution • Healing our harmful behaviors • Claiming erotic freedom • Overcoming silence • Giving yourself permission • Finding forgiveness Pleasure Pleasure as a medium of communication • Restoring our humanity • Orgasm • Relaxing our judgments about sexuality • The many benefits of self-pleasure • Owning the pleasure response • Calling pleasure by its true name • Transcendent orgasms • Broadening our sexual vocabulary • Pleasure as a fountain of youth Finding your normal The universal uncertainty • Bridging the erotic with the rational • Putting sexual health in context • The Sexual Identity Grid • The malady of sexual dysfunction • Trusting our erotic nature • Beyond right and wrong Courage The gift of choice • Growing up sexually • Living well with risks • Befriending our fear • The four attributes of courage • Desire as courage • Daily practice • Becoming who you really are • Healing erotic wounds • Letting our erotic self teach us Curiosity Overcoming sexual boredom • Filling in the gaps of our sexual education • Exploration as the leader • Sensory intrigue • Opening as a creative act • Awakening to life, sexual and otherwise Sensation Awakening the senses • Out of the head and into the body • Trusting erotic impulses • Building a vocabulary of scent and taste • The healing language of touch • Erotic connections • Making noise • Negotiating shared sensations • Mindfulness • Falling into the body Fantasy Eliciting arousal through stories • Witnessing your fantasies • Fantasies as charged erotic fuel • The space between witnessing and enacting • Inner erotic landscapes • Uncovering the subconscious source of pleasure • Expressing desire • Submission and domination Attention Listening • Making the time • A radical leap • Creating a love container • Sustaining an atmosphere conducive to intimacy • Showing up vs. coexisting • Compassion as a way to connect • Sourcing from our center • Committing to something bigger than our selves Gratitude Letting go and receiving • Grateful sex • Healing through kindness • Receiving abundance • The importance of sexual freedom, revisited • A simple gratitude practice • A passionate love affair with your fleeting life

## Love 2.0

Sea Change is an intimate exploration of a young life lived on the edge of radical hope, change, and possibility in the 1960s in California. It rekindles the spirit of the Summer of Love when anything was possible, and idealism was the air we breathed. The health of our society continues to demand engagement with issues of social justice, cultural diversity, and environmental responsibility. This memoir is a call to action to succeeding generations to keep the dream alive. There is still much to be done. <http://matrikapress.com/dorothy-may-emerson/> - - - Dorothy May Emerson is a semi-retired Unitarian Universalist minister and writer, currently living in Massachusetts with her spouse, Donna Clifford. A native Californian, her experiences in the Sixties helped shape the rest of her work and life. She has served for 30 years as a parish and community minister in New England, and currently offers talks and workshops on the Sixties; Spirit, Money, and Justice; and Class Awareness and Action. [www.rainbowsolutions.us](http://www.rainbowsolutions.us) - - - Endorsements: The vision of the Sixties as articulated in Sea Change has the capacity to transform our collective future. Dorothy's personal stories reinforce the possibility of love, hope, and peace. This beautiful, intimate offering is a gift of resilience. - Rashani Réa, author of Beyond Brokenness and The Threshold Between Loss and Revelation - - - Sea Change is rich in accounts of personal relationships and the work of ministry and teaching during the Fifties and Sixties. They personalize the era in a special way. Each person's life is different, of course, even if they live at the same time and place. Only by adding them all up can we truly understand a period, and this work offers a very rich and illuminating contribution to that library. Robert Ellswood, author of The Sixties Spiritual Awakening and The Fifties Spiritual Marketplace - - - About the Publisher Matrika Press is an independent publishing house dedicated to publishing works in alignment with Unitarian Universalist Values and principles. Its fiscal sponsor is UU Women and Religion, a 501c3 organization. Matrika Press publishes anthologies, memoirs, poetry, prayer and ritual manuscripts, and other books to bring meaning and transformation to the world. A primary goal of Matrika Press is to publish stories and works that would otherwise remain untold. We also resurrect out-of-print manuscripts to ensure our historical works remain accessible. Matrika Press titles are automatically made available to tens of thousands of retailers, libraries, schools, and other distribution and fulfillment partners, including Amazon, Barnes & Noble, Chapters/Indigo (Canada), and other well-known book retailers and wholesalers across North America, and in the United Kingdom, Europe, Australia and New Zealand and other Global partners. For more information, visit: [www.MatrikaPress.com](http://www.MatrikaPress.com)

## **New Rules for the New Economy**

"Timely when originally published, Men and Marriage is essential now given the the warlike climate of male-female relationships, unfortunately fostered by radical feminism." Rush Limbaugh  
Men and Marriage is a critical commentary that asks the burning question, How can society survive the pervasive disintegration of the family? A profound crisis faces modern social order as traditional family relationships become almost unrecognizable. George Gilder's Men and Marriage is a revised and expanded edition of his 1973 landmark work, Sexual Suicide . He examines the deterioration of the family, the well-defined sex roles it offered, and how this change has shifted the focus of our society. Poverty, for instance, stems from

the destruction of the family when unmarried parents are abandoned by their lovers or older women are divorced because society approves of their husbands' younger girlfriends. Gilder claims that men will only fulfill their paternal obligations when women lead them to do so, and that this civilizing influence, balanced with proper economic support, is the most important part of maintaining a productive, healthy, loving society. He offers a concrete plan for rebuilding the family in America. His solutions challenge readers to return to these roles and reestablish the family values that were once so crucial in staving off the ills that plague our country. Gilder insists that it is time to reexamine what "liberation" has wrought and at what cost. Only a return to traditional family values, he contends, can stem the tide of disaster. George Gilder is the author of *Wealth and Poverty*, the best-selling critique of Reaganomics, *The Spirit of Enterprise*, *Visible Man*, *Naked Nomads*, and *The Party That Lost Its Head*. He was a speechwriter for Ronald Reagan and now writes regularly for *The Wall Street Journal* and *National Review* about material advances and their effect on society. His most recent books include two other well-known social commentaries, *Microcosm* and *Life After Television*. Also available in paperback.

## **Rilke on Love and Other Difficulties: Translations and Considerations**

From the much-admired biographer of Charlotte Brontë, Mrs. Patrick Campbell, and the Barrymores ("Margot Peters is surely now . . . our foremost historian of stage make-believe"—Leon Edel), a new biography of the most famous English-speaking acting team of the twentieth century. Individually, they were recognized as extraordinary actors, each one a star celebrated, imitated, sought after. Together, they were legend. The Lunts. A name to conjure with. Alfred Lunt and Lynn Fontanne worked together so imaginatively, so seamlessly onstage that they seemed to fuse into one person. Offstage, they brawled so famously and raucously over every detail of every performance that they inspired the musical *Kiss Me, Kate*. At home on Broadway, in London's West End, touring the United States and Great Britain, and even playing "the foxhole circuit" of World War II, the Lunts stunned, moved, and mystified audiences for more than four decades. They were considered to be a rarefied taste, but when they toured Texas in the 1930s, the audience threw cowboy hats onto the stage. Their private life was equally fascinating, as unusual as the one they led in public. Friends like the critic Alexander Woolcott (whom Edna Ferber once described as "the little New Jersey Nero who thinks his pinafore is a toga"), Noël Coward, Laurette Taylor, and Sidney Greenstreet received lifelong loyalty and hospitality. Ten Chimneys, their country home in Genesee Depot, Wisconsin, "is to performers what the Vatican is to Catholics," Carol Channing once said. "The Lunts are where we all spring from." In this new biography, Margot Peters catches the magic of Lunt and Fontanne—their period, their work, their intimacy and its contradictions—with candor, delicacy, intelligence, and wit. She writes about their personal and creative choices as deftly as she captures their world, from their meeting (backstage, naturally)—when Fontanne was a young actress in the first flush of stardom and Lunt a lanky midwesterner who came in the stage door, bowed to her elaborately, lost his balance, and fell down the stairs—and the early days when an unknown and very hungry Noël Coward lived in a swank hotel in a room the size of a closet and cadged meals at their table to the telegram the

famous couple once sent to a movie mogul, turning down a studio contract worth a fortune (“We can be bought, my dear Mr. Laemmle, but we can’t be bored”). We follow the Lunts through triumphs in plays such as *The Guardsman*, *The Taming of the Shrew*, and *Design for Living*; through friendships and feuds; through the intricate way they worked with such playwrights and directors as S. N. Behrman, Robert Sherwood, Giraudoux, Dürrenmatt, Peter Brook, and with each other. Margot Peters captures the gallantry of two remarkably gifted people who lived for their art and for each other. Alfred Lunt and Lynn Fontanne were once described as an “amazing duet of intelligence and gaiety.” Margot Peters re-creates the fun and the fireworks. From the Hardcover edition.

## **Rekindling Desire**

The constantly-changing field inspired the second edition of *Handbook of Clinical Sexuality for Mental Health Professionals*. In a state-of-the-art guide, Dr. Levine and his associates continue to help professionals with the assessment and treatment of a large array of sexual concerns. Written in a personal, supervisory style, the book will help new therapists anticipate clinical contingencies and help experienced therapists refine their thinking and teaching. Easily accessible, the *Handbook* is divided into six major sections with helpful annotated references: *Being a Therapist*; *Intimacy*; *Sexual Dysfunction*; *Sexual Identity Struggles*; *The Forgotten*; and *Additional Vital Topics*. Twenty-one chapters have been thoroughly revised and updated, and five new ones have been added. These focus on gay and lesbian life, transitioning to single life, cancer survivorship, the sexual issues of the developmentally challenged, and sex among the aging.

## **Resurrecting Sex**

Extreme sports, those activities that lie on the outermost edges of independent adventurous leisure activities, where a mismanaged mistake or accident would most likely result in death, have developed into a significant worldwide phenomenon (Brymer & Schweitzer, 2017a). Extreme sport activities are continually evolving, typical examples include BASE (an acronym for Buildings, Antennae, Span, Earth) jumping and related activities such as proximity flying, extreme skiing, big wave surfing, waterfall kayaking, rope free solo climbing and high-level mountaineering. While participant numbers in many traditional team and individual sports such as golf, basketball and racket sports have declined over the last decade or so, participant numbers in so called extreme sports have surged. Although extreme sports are still assumed to be a Western pastime, there has been considerable Global uptake. Equally, the idea that adventure sports are only for the young is also changing as participation rates across the generations are growing. For example, baby boomers are enthusiastic participants of adventure sports more generally (Brymer & Schweitzer, 2017b; Patterson, 2002) and Generation Z turn to extreme sports because they are popular and linked to escapism (Giannoulakis & Pursglove, 2017). Arguably, extreme sports now support a multi-billion dollar industry and the momentum seems to be intensifying.

Traditional explanations for why extreme sports have become so popular are varied. For some, the popularity is explained as the desire to rebel against a society that is becoming too risk averse, for others it is about the spectacle and the merchandise that is associated with organised activities and athletes. For others it is just that there are a lot of people attracted by risk and danger or just want to show off. For others still it is about the desire to belong to sub-cultures and the glamour that goes with extreme sports. Some seek mastery in their chosen activity and in situations of significant challenges. This confusion is unfortunate as despite their popularity there is still a negative perception about extreme sports participation. There is a pressing need for clarity. The dominant research perspective has focused on positivist theory-driven perspectives that attempt to match extreme sports against predetermined characteristics. For the most part empirical research has conformed to predetermined societal perspectives. Other ways of knowing might reveal more nuanced perspectives of the human dimension of extreme sport participation. This special edition brings together cutting-edge research and thought examining psychology and extreme sports, with particular attention payed to the examination of motivations for initial participation, continued participation, effective performance, and outcomes from participation.

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## **Never Alone**

This book was compiled by a Rilke lover for Rilke lovers. John Mood has chosen selections from Rilke and combined them with his own writings and commentary. Included are Rilke's letters on love; poems on love and other difficulties, translated by Mood; shorter selections from Rilke's work; and an essay by Mood. The letters on love present Rilke's exploration of the deepest levels of what love is. His working toward love at these depths was poetic, profound, and thoroughly radical. His language is sensual; his deep spirituality is rooted in the senses. The letters are of crucial importance for those who have passed from puritanism to promiscuity without ever having experienced genuine love. The love poems were written during the period of Rilke's most mature work. They are sensual and explicitly sexual-but they are also tough-minded. The poems reflect great passion and gentle care; his unique joining of the masculine and the feminine is profoundly portrayed. There is also a selection from Rilke's later poems, which many feel are his most significant works. All but a few have appeared in translation only once before. The poems deal with the fundamental difficulty of living-dying, though with greater subtlety, density, and depth than before. The book concludes with a passage from Rilke on the difficulty of writing poetry and of living life; a letter containing an affirmation of life; and Mood's essay on dying, based on Rilke's self-composed

epitaph.--Adapted from book jacket.

## **The Three Marriages**

A revolutionary new study of the origins of love based on physiological research probes the human brain for insights into the origins of the sex drive, romance, and attraction, while also offering practical advice on how to control and channel these desires into healthy pursuits. Reprint. 60,000 first printing.

## **Handbook of Clinical Sexuality for Mental Health Professionals**

The Radio Station offers a concise and insightful guide to all aspects of radio broadcasting, streaming, and podcasting. This book's tenth edition continues its long tradition of guiding readers to a solid understanding of who does what, when, and why in a professionally managed station. This new edition explains what "radio" in America has been, where it is today, and where it is going, covering the basics of how programming is produced, financed, delivered and promoted via terrestrial and satellite broadcasting, streaming and podcasting, John Allen Hendricks and Bruce Mims examine radio and its future within a framework of existing and emerging technologies. The companion website is new revised with content for instructors, including an instructors' manual and test questions. Students will discover an expanded library of audio interviews with leading industry professionals in addition to practice quizzes and links to additional resources.

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