

Playing Like A Girl Transforming Our Lives Through Team Sports

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Transforming the Soul Wound

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An essential exploration of why and how women's sexuality works—based on groundbreaking research and brain science—that will radically transform your sex life into one filled with confidence and joy. Researchers have spent the last decade trying to develop a “pink pill” for women to function like Viagra does for men. So where is it? Well, for reasons this book makes crystal clear, that pill will never be the answer—but as a result of the research that's gone into it, scientists in the last few years have learned more about how women's sexuality works than we ever thought possible, and *Come As You Are* explains it all. The first lesson in this essential, transformative book by Dr. Emily Nagoski is that every woman has her own unique sexuality, like a fingerprint, and that women vary more than men in our anatomy, our sexual response mechanisms, and the way our bodies respond to the sexual world. So we never need to judge ourselves based on others' experiences. Because women vary, and that's normal. Second lesson: sex happens in a context. And all the complications of everyday life influence the context surrounding a woman's arousal, desire, and orgasm. Cutting-edge research across multiple disciplines tells us that the most important factor for women in creating and sustaining a fulfilling sex life, is not what you do in bed or how you do it, but how you feel about it. Which means that stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it. Once you understand these factors, and how to influence them, you can create for yourself better sex and more profound pleasure than you ever thought possible. And Emily Nagoski can prove it.

Book Girl

"This collection analyzes the many ways in which comic book and film superheroes have been revised or re-written in response to changes in real-world politics, social mores, and popular culture. Also included are several illustrations and promotional photographs, along with separate footnotes and bibliographies for each essay"--Provided by publisher.

Happy City: Transforming Our Lives Through Urban Design

As Ireland's economic boom grounds to a sudden halt, Transforming Ireland offers a diverse range of critical analyses of its legacies across different areas of Irish life - the media, racism, consumerism, sports, education, state surveillance and the pharmaceutical industry. The book also maps out a politics of change for Irish society.

Women Transforming Communications

Half the Sky

Sexual Sports Rhetoric

Many educators have been looking for a fundamentally different approach to engage young people and encourage progress in learning. Supported by recent public policy developments, a

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transformation is beginning to take place in the practice of many schools. The focus of learning is shifting away from the child as an individual in a classroom detached from the surrounding neighbourhood to a learning community that embraces carers and families as well as young people and teachers. This monograph analyses the organising principles of this cultural transformation and considers how it will shape learning in schools and communities throughout the world. The book brings together key thinkers from the fields of new learning, new communities of educational practice and new forms of educational governance. Arguing for the necessary interconnectedness of pedagogy, institutions and governance, this ground-breaking book will undoubtedly shape the policy agenda in this area for years to come.

Etude

Books in Print

In this timely book, Coleman journeys through the strategic crescent of the greater Middle East--Saudi Arabia, Iraq, Iran, Afghanistan, and Pakistan--to reveal how activists are working within the tenets of Islam to create economic, political, and educational opportunities for women. Coleman argues that these efforts are critical to bridging the conflict between those championing reform and those seeking to oppress women in the name of religious tradition.

Transforming Learning in Schools and Communities

Includes music.

Transforming Nurses, A Stress and Anger

This book expands the current 'weapon of war' discourse on sexual violence, highlighting a wider spectrum of conflict-related violence against women.

Iron Butterflies

Forthcoming Books

Girls Transforming

Transforming Disciples

At once travel guide and vision for the future, this series is good news for the Episcopal Church at a time of fast and furious demographic and social change. It analyzes our present plight, sketch a positive way forward, and point to the seeds of change already at work transforming the church. What kinds of churches are most ready for transformation? What are the essential tools? What will give us strength, direction, and purpose to the journey?

Power and the Self

A Pulitzer Prize-winning husband-and-wife team speaks out against the oppression of women in the developing world, sharing example stories about victims and survivors who are working to raise awareness, counter abuse, and campaign for women's rights.

Conflict-Related Violence Against Women

Role-playing in Shakespeare

TF News

How are women transforming the practice of leadership in the 21st century? Enlightened Power is a first-of-a-kind book that answers this question--and forever changes the traditional notions involving women in leadership. The book features the accumulated wisdom of 40 influential men and women who represent the most compelling voices in the field, including: Dynamic business leaders such as Eileen Fisher (founder, Eileen Fisher, Inc.), Barbara Corcoran (founder and chairman, The Corcoran Group), and Pat Mitchell (president and CEO, PBS) Trailblazing women from other arenas such as politics (Ambassador Swanee Hunt), the military (Rear Admiral Deborah A. Loewer, USN), and sports (U.S. Olympian Marilyn King) Renowned thought leaders such as Riane Eisler, Rayona Sharpnack, Sally

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Helgesen, Peggy Klaus, Bruce Patton, Nancy J. Adler, and Gail Evans Leading-edge academics, activists, executives, entrepreneurs, and practitioners

Ethnic Media in America: Images, audiences and transforming forces

AJN Book of the Year Award Winner! (Second Edition)

"This book is a gem! It provides a wealth of well researched information to help the reader understand sources of stress .It tackles very important issues that lead to burnout and provides an exceptionally comprehensive analysis .This book is illuminating for clinicians." Afaf Meleis, PhD, DrPS(hon), FAAN Dean of Nursing, University of Pennsylvania School of Nursing
This inspiring, award-winning title guides nurses to transform work-related stress and anger into strength and resilience. The profession has witnessed increasing workplace violence, conflicts with colleagues, and poor working conditions. In this book, Thomas demonstrates how anger can actually be a catalyst for personal and professional empowerment. In this new edition, Thomas discusses the causes and consequences of nurses' stress and anger, and presents new strategies to prevent and manage both, even under the worst conditions. She demonstrates how to forge stronger relationships with colleagues and patients, and solve work-related problems head-on. As a nursing educator, therapist, practitioner, and practicing RN, Thomas provides personal accounts of her own experiences as a nurse, struggling to meet the many challenges of the job. Key Features:
Thoroughly updated with new research data and case

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studies Offers step-by-step guidelines on working towards remediation and healing Organized with bulleted lists and boxes highlighting key points Guidance on pursuing career movement, both vertical and horizontal Useful for nurses, hospital administrators, managers, and graduate students

Film Directors

Journal of Physical Education and Recreation

This singular reference provides an authoritative account of the daily lives of enslaved women in the United States, from colonial times to emancipation following the Civil War. Through essays, photos, and primary source documents, the female experience is explored, and women are depicted as central, rather than marginal, figures in history. • Dozens of photos of former enslaved women • Detailed historical timeline • Numerous rare primary documents, including runaway slave advertisements and even a plantation recipe for turtle soup • Profiles of noted female slaves and their works

Playing Like a Girl

This inspiring and compelling narrative weaves together stories of sixty successful women from all walks of life and throughout the world. The author spent several years in eight countries interviewing dynamic female role models: businesswomen, CEOs,

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a Congresswoman, a governor, an ex-Prime Minister, a Pulitzer Prize finalist, a Nobel Peace Prize laureate, a winemaker, artists, doctors, nurses, and many others. The author calls these women "Iron Butterflies" because they meld a will of iron with the gentle, nurturing touch of a butterfly. With disarming candor, these women talk about their struggles, their fallibilities, and their strengths in the journey to the top of their professions. Forging their leadership from an amalgam of masculine and feminine skills, all of these Iron Butterflies have transformed themselves and in doing so they are contributing to a larger social transformation. A key to this personal and social transformation rests in their ability to address vulnerability in themselves and those around them, and transform it into a crucible of healing, growth, and innovation. Knowing how to deal with vulnerability, in ourselves and with others, evokes feminine skills and values and is a key to the societal change so many are seeking. Critiquing the command-and-control style of leadership, derived from the gladiator concept of male invulnerability, the author convincingly demonstrates how traditional feminine skills and values—such as inclusion, empathy, a holistic perspective, relational skills, and emotional strength—can be applied to empower more people than ever before. Like the sixty Iron Butterflies profiled, leaders in the 21st century will paradoxically embrace vulnerability and durability, creating better working and living relationships for us all.

Game, Set, Match

Great Athletes

Transforming the Teaching of Shakespeare with the Royal Shakespeare Company

When you hear a riveting story, does it thrill your heart and stir your soul? Do you hunger for truth and goodness? Do you secretly relate to Belle's delight in the library in *Beauty and the Beast*? If so, you may be on your way to being a book girl. Books were always Sarah Clarkson's delight. Raised in the company of the lively Anne of *Green Gables*, the brave Pevensie children of *Narnia*, and the wise Austen heroines, she discovered reading early on as a daily gift, a way of encountering the world in all its wonder. But what she came to realize as an adult was just how powerfully books had shaped her as a woman to live a story within that world, to be a lifelong learner, to grasp hope in struggle, and to create and act with courage. She's convinced that books can do the same for you. Join Sarah in exploring the reading life as a gift and an adventure, one meant to enrich, broaden, and delight you in each season of your life as a woman. In *Book Girl*, you'll discover: how reading can strengthen your spiritual life and deepen your faith, why a journey through classic literature might be just what you need (and where to begin), how stories form your sense of identity, how Sarah's parents raised her to be a reader—and what you can do to cultivate a love of reading in the growing readers around you, and 20+ annotated book lists, including some old favorites and

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many new discoveries. Whether you've long considered yourself a reader or have dreams of becoming one, *Book Girl* will draw you into the life-giving journey of becoming a woman who reads and lives well.

Come as You Are

"Sexual Sports Rhetoric: Global and Universal Contexts is concerned with wider, international applications of language to sport. Topics discussed range from women's volleyball uniforms, ballroom dancing, female athletes as victims, soccer fans, nudity debates, homophobia, misogyny, Title IX, NASCAR, extreme sports, and trekking, to Japanese sports reports, Canadian hockey, sailors in the French press, British portrayals of Wimbledon champs, Australian heroes, German sports editorials, and masculinity relative to Mount Everest."--Publisher's description.

Learning Culture Through Sports

In this book over 30 women describe, from as many perspectives, a veritable revolution in communications that is currently transforming the world's communications system as we know it. The contributors illustrate how this revolution moves through three phases from initial visions, to overcoming obstacles, to creating a plan for the future. Most of the chapters are written by those who have been creating the transformations. The book is designed to share with women and men more

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'herstories' of strategies of empowerment to transform communications systems which are not inclusive, especially as they concern issues important to women entering the twenty-first century.

New Books on Women and Feminism

This title features the most influential people to ever play the game, including Kareem Abdul-Jabbar, Michael Jordan, and Candace Parker.

Transforming Ireland

This book explores representations of girlhood and young womanhood in recent English language children's fantasy by focusing on two fantastic body transformation types: invisibility and age-shifting. Drawing on recent feminist and queer theory, the study discusses the tropes of invisibility and age-shifting as narrative devices representing gendered experiences. The transformations offer various perspectives on a girl's changing body and identity and provide links between real-life and fantastic discourses of gender, power, invisibility and aging. The main focus is on English-language fantasy published since the 1970s but the motifs of invisibility and age-shifting in earlier tales and children's books is reviewed; this is the first study of children's fantasy literature that considers these tropes at length. Novels discussed are from both critically acclaimed authors and the less well known. Most of the novels depicting invisible or age-shifting girls are neither thoroughly conventional nor radically subversive but

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present a range of styles. In terms of gender, children's fantasy novels can be more complex than they are often interpreted to be.

T. F. Powys

This book tells the story of the Royal Shakespeare Company's acclaimed and influential project to transform the teaching of Shakespeare in schools. It examines their approaches to making his plays more accessible, enjoyable and relevant to young people, describing the innovative classroom practices that the Company has pioneered and locating these within a clearly articulated theory of learning. It also provides evidence of their impact on children and young people's experience of Shakespeare, drawing upon original research as well as research commissioned by the RSC itself. Authoritative but highly readable, the book is relevant to anyone with an interest in the teaching of Shakespeare, and in how a major cultural organisation can have a real impact on the education of young people from a wide range of social backgrounds. It benefits from interviews with key policy makers and practitioners from within the RSC, including their legendary voice coach, Cicely Berry, and with internationally renowned figures such as the writer and academic, Jonathan Bate; the previous artistic director of the RSC, Michael Boyd; and the celebrated playwright, Tim Crouch.

Paradise Beneath Her Feet

Proceedings of the Annual Meeting of the Western Society for French History

This book, first published in 2002, analyses the ways in which power is experienced by individuals as agents and objects.

Enlightened Power: How Women are Transforming the Practice of Leadership

Sweeping across more than two centuries, this compelling book introduces readers to some of the major themes in Imperial Russia. In a set of engaging essays, the contributors present richly human stories of individual and group experiences, as well as of key events in Russian history. We see the effects of reforms; the consequences of an economy and society built on serfdom; as well as the development of a civil society, the "woman question," urbanization, secularization, and modernity. As this book vividly shows, individuals, groups, and events raised out of obscurity remind us of the messiness of everyday life; of people's dreams, frustrations, and transformations; as well as of their sense of self and the community around them.

Cultivator and Country Gentleman

Journal of Health, Physical Education, Recreation

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More and more women and girls are discovering the joy and relishing the fierce competition of team sports. Their increasing participation in sports is influencing all aspects of women's—and men's—lives. *Playing Like a Girl* explores the ramifications of this sports revolution, such as the change in male-female relationships, the impact on women in the workplace, the long-term effects of Title IX, and the phenomenon of men coaching women. These ideas are explored through stories of women from grandmothers playing basketball in the Senior Olympics, to working women who get up before dawn to row on the Potomac River. Robert Lipsyte, writing in *The New York Times*, said, "For a wider look at the obstacles and opportunities facing the emergent female athlete, read, *Playing Like a Girl*." Jo A. Hannafin, MD, PhD, founder of the Women's Sports Medicine Center Hospital for Special Surgery and team physician, U.S. Rowing Team, called the book, "A wonderful compilation of personal stories and hard facts, which provide compelling evidence for the power of team sports in the development of strong and successful women."

Enslaved Women in America: An Encyclopedia

The Human Tradition in Imperial Russia

This book provides coaches, educators, parents, and others dealing with students and athletes with an engaging and critical venue by which to examine contemporary issues and controversies surrounding

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sport. In this text, authors take up the challenges faced by sport in our world, especially as it relates to the lives of young people, providing multiple perspectives on the issues, problems, and possibilities of sport in contemporary American society.

Public Personnel Studies

A globe-trotting, eye-opening exploration of how cities can—and do—make us happier people Charles Montgomery's *Happy City* will revolutionize the way we think about urban life. After decades of unchecked sprawl, more people than ever are moving back to the city. Dense urban living has been prescribed as a panacea for the environmental and resource crises of our time. But is it better or worse for our happiness? Are subways, sidewalks, and tower dwelling an improvement on the car-dependence of sprawl? The award-winning journalist Charles Montgomery finds answers to such questions at the intersection between urban design and the emerging science of happiness, and during an exhilarating journey through some of the world's most dynamic cities. He meets the visionary mayor who introduced a "sexy" lipstick-red bus to ease status anxiety in Bogotá; the architect who brought the lessons of medieval Tuscan hill towns to modern-day New York City; the activist who turned Paris's urban freeways into beaches; and an army of American suburbanites who have transformed their lives by hacking the design of their streets and neighborhoods. Full of rich historical detail and new insights from psychologists and Montgomery's own urban experiments, *Happy City* is

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an essential tool for understanding and improving our own communities. The message is as surprising as it is hopeful: by retrofitting our cities for happiness, we can tackle the urgent challenges of our age. The happy city, the green city, and the low-carbon city are the same place, and we can all help build it.

The Amazing Transforming Superhero!

Women Transforming Politics

Argues that Billie Jean King's 1973 defeat of male player Bobby Riggs in tennis' Battle of the Sexes match helped, along with the passage of the Title IX anti-sex discrimination act, cause a revolution in women's sports.

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