

Russian Spetsnaz Manual

Minimanual of the Urban GuerrillaThe Democratic Coup D'étatIllustrated Manual of Sniper SkillsSpetsnazTactical ManualKGB Alpha Team Training ManualSAS and Elite Forces Guide Extreme Unarmed CombatRussia's Hostile Measures in EuropeUS Army Survival Manual: FM 21-76Special Operations Forces Reference ManualU.S. Army Hand-to-Hand CombatInside the Soviet ArmyLet Every Breath---The Elite Forces Handbook of Unarmed CombatThe Complete Book of Combat SystemaThe Mammoth Book Of Special Forces TrainingHow to Catch a Russian SpyThe Bear Went Over the MountainRussia's Military Strategy and DoctrineCombat Vehicles of Russia's Special ForcesFangs of the Lone WolfMilitary Modernization and the Russian Ground ForcesThe Soviet ArmyThe 48 Laws of PowerSpetsnaz Manual of the Military ScoutThe Other Side of the Mountain: Mujahideen Tactics in the Soviet-Afghan WarThe Palgrave Handbook of Philosophy and Public PolicyThe Counter Terrorist ManualThe Great Bear at WarSpecial Forces Guerrilla Warfare ManualNational Security Strategy of the United StatesLessons from Russia's Operations in Crimea and Eastern UkraineSpetsnazThe Bear Went Over the MountainU.S. Army Improvised Munitions HandbookSpetsnaz: Scout Physical Training ManualThe Great GambleThe Modern Russian Army 1992-2016The Russian Kettlebell ChallengeFoundations of Geopolitics: the Geopolitical Future of Russia

Minimanual of the Urban Guerrilla

This handy manual is a primer in the many facets of a successful guerrilla campaign as taught by the pros in Special Forces. Covering everything from the first acts of sporadic rebellion to the final overthrow of a tyrannical government and establishment of a just, democratic society, it is a fascinating tutorial in modern armed resistance. For academic study only.

The Democratic Coup D'état

Special Operations ForcesReference Manual Fourth Edition

Illustrated Manual of Sniper Skills

This book brings together a large and diverse collection of philosophical papers addressing a wide variety of public policy issues. Topics covered range from long-standing subjects of debate such as abortion, punishment, and freedom of expression, to more recent controversies such as those over gene editing, military drones, and statues honoring Confederate soldiers. Part I focuses on the criminal justice system, including issues that arise before, during, and after criminal trials. Part II covers matters of national defense and sovereignty, including chapters on military ethics, terrorism,

and immigration. Part III, which explores political participation, manipulation, and standing, includes discussions of issues involving voting rights, the use of nudges, and claims of equal status. Part IV covers a variety of issues involving freedom of speech and expression. Part V deals with questions of justice and inequality. Part VI considers topics involving bioethics and biotechnology. Part VII is devoted to beginning of life issues, such as cloning and surrogacy, and end of life issues, such as assisted suicide and organ procurement. Part VIII navigates emerging environmental issues, including treatments of the urban environment and extraterrestrial environments.

Spetsnaz

When the shadowy, notorious Spetsnaz were first formed, they drew on a long Soviet tradition of elite, behind-the-lines commando forces from World War II and even earlier. Throughout the 1960s-70s they were instrumental both in projecting Soviet power in the Third World and in suppressing resistance within the Warsaw pact. As a powerful, but mysterious tool of a world superpower, the Spetsnaz have inevitably become the focus of many 'tall tales' in the West. In this book, a peerless authority on Russia's military Special Forces debunks several of these myths, uncovering truths that are often even more remarkable. Now, since the chaotic dissolution of the USSR and the two Chechen Wars, Russian forces have seen increasing modernization, involving them ever more in power-projection, counter-insurgency and anti-terrorism and the Spetsnaz have been deployed as a spearhead in virtually all of these operations. This book offers a unique, absorbing guide to the secrets of the Spetsnaz, their most noteworthy missions and personalities, but is also packed with details such as orders-of-battle, equipment and operational doctrine.

Tactical Manual

From the chaos of the civil war to the political manoeuvring of the Cold War, Russia's armed forces have shaped the future not only of Russia but of countless other countries around the globe. *The Great Bear at War: The Russian and Soviet Army, 1917-Present* explores the development and struggles of Soviet and Russian armed forces across the numerous conflicts which mark its history. It charts the great historical events that have defined the Red/Russian Army, especially World War II and the Cold War, but also the post-communist insurgencies and wars in which the Russian military has redeveloped its outlook and mission. The post-Soviet development of the Russian military into a modern force is explored in detail, including its controversial campaigns in Chechnya (1999-2009), Georgia (2008), and Ukraine (from 2014). Sewn into the narrative are details about the equipment, uniforms, training, service conditions and weaponry of the Soviet/Russian soldiers, bringing personal experience and technological context to the broader history. At a time when the world is closely focused upon Russian military behaviour, *The Great Bear at War* is both timely and fascinating.

KGB Alpha Team Training Manual

Presents the official field manual used by the United States Army detailing the techniques of hand-to-hand fighting.

SAS and Elite Forces Guide Extreme Unarmed Combat

This training manual comprehensively examines the methods and methods of training an army scout. The technique of concealed and noiseless movement, methods of conducting reconnaissance of various objects, techniques and methods of orientation, techniques of hand-to-hand combat are aptly and visually shown. Recommendations are given to ensure and preserve the fighting efficiency of personnel in reconnaissance. The publication is intended for commanders of subdivisions of the Land Forces and cadets of military schools.

Russia's Hostile Measures in Europe

Examines techniques used by special forces around the world: the lethal strikes of the Spetsnaz, locks and constrictions used by the Egyptian special forces, U.S. Army throws and holds, and elementary methods taught to Britain's Parachute Regiment.

US Army Survival Manual: FM 21-76

This survival manual is organized as follows: Chapter 1. Introduction Survival Actions Pattern for Survival Chapter 2. Psychology of Survival A Look at Stress Natural Reactions Preparing Yourself Chapter 3. Survival Planning and Survival Kits Importance of Planning Survival Kits Chapter 4. Basic Survival Medicine Requirements for Maintenance of Health Medical Emergencies Lifesaving Steps Bone and Joint Injury Bites and Stings Wounds Environmental Injuries Herbal Medicines Chapter 5. Shelters Shelter Site Selection Types of Shelters Chapter 6. Water Procurement Water Sources Still Construction Water Purification Water Filtration Devices Chapter 7. Firecraft Basic Fire Principles Site Selection and Preparation Fire Material Selection How to Build a Fire How to Light a Fire Chapter 8. Food Procurement Animals for Food Traps and Snares Killing Devices Fishing Devices Preparation of Fish and Game for Cooking and Storage Chapter 9. Survival Use of Plants Edibility of Plants Plants for Medicine Miscellaneous Uses of Plants Chapter 10. Poisonous Plants How Plants Poison All About Plants Rules for Avoiding Poisonous Plants Contact Dermatitis Ingestion Poisoning Chapter 11. Dangerous Animals Insects and Arachnids Leeches Bats Poisonous Snakes Dangerous Lizards Dangers in Rivers Dangers in Bays and Estuaries Saltwater Dangers Chapter 12. Field-Expedient Weapons, Tools, and Equipment Clubs Edged Weapons Other Expedient Weapons Lashing and Cordage Rucksack Construction Clothing and Insulation Cooking and Eating Utensils Chapter 13.

Desert Survival Terrain Environmental Factors Need for Water Heat Casualties Precautions Desert Hazards Chapter 14. Tropical Survival Tropical Weather Jungle Types Travel Through Jungle Areas Immediate Considerations Water Procurement Food Poisonous Plants Chapter 15. Cold Weather Survival Cold Regions and Locations Windchill Basic Principles of Cold Weather Survival Hygiene Medical Aspects Cold Injuries Shelters Fire Water Food Travel Weather Signs Chapter 16. Sea Survival The Open Sea Seashores Chapter 17. Expedient Water Crossings Rivers and Streams Rapids Rafts Flotation Devices Other Water Obstacles Vegetation Obstacles Chapter 18. Field-Expedient Direction Finding Using the Sun and Shadows Using the Moon Using the Stars Making Improvised Compasses Other Means of Determining Direction Chapter 19. Signaling Techniques Application Means for Signaling Codes and Signals Aircraft Vectoring Procedures Chapter 20. Survival Movement in Hostile Areas Phases of Planning Execution Return to Friendly Control Chapter 21. Camouflage Personal Camouflage Methods of Stalking Chapter 22. Contact With People Contact With Local People The Survivor's Behavior Changes to Political Allegiance Chapter 23. Survival in Man-Made Hazards The Nuclear Environment Biological Environments Chemical Environments

Special Operations Forces Reference Manual

Books on guerrilla war are seldom written from the tactical perspective and even less seldom from the guerrilla's perspective. *Fangs of the Lone Wolf: Chechen Tactics in the Russian-Chechen Wars 1994-2009* is an exception. These are the stories of low-level guerrilla combat as told by the survivors. They cover fighting from the cities of Grozny and Argun to the villages of Bamut and Serzhen-yurt, and finally the hills, river valleys and mountains that make up so much of Chechnya. The author embedded with Chechen guerrilla forces and knows the conflict, country and culture. Yet, as a Western outsider, he is able to maintain perspective and objectivity. He traveled extensively to interview Chechen former combatants now displaced, some now in hiding or on the run from Russian retribution and justice. The military professional will appreciate the book's crisp narration, organization by type of combat, accurate color maps and insightful analysis and commentary. The civilian reader will discover the complexity of "simple guerrilla tactics" and the demands on individual perseverance and endurance that guerrilla warfare exacts. The book is organized into vignettes that provide insight on the nature of both Chechen and Russian tactics utilized during the two wars. They show the chronic problem of guerrilla logistics, the necessity of digging in fighting positions, the value of the correct use of terrain and the price paid in individual discipline and unit cohesion when guerrillas are not bound by a military code and law. Guerrilla warfare is probably as old as man, but has been overshadowed by maneuver war by modern armies and recent developments in the technology of war. As Iraq, Afghanistan, the Philippines and Chechnya demonstrate, guerrilla war is not only still viable, but is increasingly common. *Fangs of the Lone Wolf* provides a unique insight into what is becoming modern and future war.

U.S. Army Hand-to-Hand Combat

Both the Soviet Special Forces and numerous world-champion Soviet Olympic athletes used the ancient Russian Kettlebell as their secret weapon for extreme fitness. Thanks to the kettlebell's astonishing ability to turbo charge physical performance, these Soviet supermen creamed their opponents time-and-time-again, with inhuman displays of raw power and explosive strength. Now, former Spetsnaz trainer, international fitness author and nationally ranked kettlebell lifter, Pavel Tsatsouline, delivers this secret Soviet weapon into your hands.

Inside the Soviet Army

"The Other Side of the Mountain: Mujahideen Tactics in the Soviet-Afghan War" by Ali Ahmad Jalali. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Let Every Breath---

A former high-ranking Soviet Army officer who has defected to the West delineates Soviet tactical policy, armaments, and military technology, and assesses army personnel and their training

The Elite Forces Handbook of Unarmed Combat

The term coup d'état--French for stroke of the state--brings to mind coups staged by power-hungry generals who overthrow the existing regime, not to democratize, but to concentrate power in their own hands as dictators. We assume all coups look the same, smell the same, and present the same threats to democracy. It's a powerful, concise, and self-reinforcing idea. It's also wrong. In *The Democratic Coup d'état*, Ozan Varol advances a simple, yet controversial, argument: Sometimes, a democracy is established through a military coup. Covering events from the Athenian Navy's stance in 411 B.C. against a tyrannical home government, to coups in the American colonies that ousted corrupt British governors, to twentieth-century coups that toppled dictators and established democracy in countries as diverse as Guinea-Bissau, Portugal, and Colombia, the book takes the reader on a gripping journey. Connecting the dots between these neglected events, Varol weaves a balanced narrative that challenges everything we thought we knew about military coups. In so doing, he tackles several baffling questions: How can an event as undemocratic as a military coup lead to democracy? Why would imposing generals--armed with tanks and guns and all--voluntarily surrender power to civilian politicians? What distinguishes militaries that help build democracies from those that destroy them? Varol's arguments made headlines

across the globe in major media outlets and were cited critically in a public speech by Turkish President Recep Tayyip Erdogan. Written for a general audience, this book will entertain, challenge, and provoke, but more importantly, serve as a reminder of the imperative to question the standard narratives about our world and engage with all ideas, no matter how controversial.

The Complete Book of Combat Systema

This is a reproduction of the 1984 Department of the Army Field Manual 100-2-3 (The Soviet Army: Troops, Organization, and Equipment). In its day, it - along with its sister publications FM 100-2-1 and 100-2-2 - was the "definitive source of unclassified information on Soviet ground forces and their interaction with other services in combined arms warfare." St. Michael Publishing House has re-printed these so that the military scholar and student of history may learn from other nation's way of war.

The Mammoth Book Of Special Forces Training

In the past thirty-five years, counter-terrorist units have been deployed to deal with airplane, ship, train, and bus hijackings. They have rescued hostages in various types of buildings and have dealt with barricaded bank robbers, prison rioters, and assorted dangerous criminals. Thousands have been rescued and millions have been safer because terrorists were aware that elite antiterrorist units were poised to take action should they take hostages. Following the September 11th attack on the World Trade Centre, the mission of many anti-terrorist units has expanded. Some units now track terrorists to their lairs in other countries and strike them there. Despite the significant and growing role of these units, little is known about the way they operate. The selection, training, structure and principles of maintaining such units, together with basic theories of asymmetric warfare are the subject of Thompson's latest work. In a practical, step-by-step guide he analyses the necessary organization of such elite teams, the arming and equipping of units, and methods for a variety of missions from hostage rescue and high-level dignitary protection to securing foreign embassies and counter-WMD strikes. Open the pages of this book and enter the world of the counter-terrorist operator.

How to Catch a Russian Spy

This report examines current Russian hostile measures in Europe and forecasts how Russia might threaten Europe using these measures over the next few years. This report observes that Russia has the most strategic interest in influencing western Europe, but it has the most leverage over countries of eastern Europe, and offers a range of recommendations for the U.S. government and for the U.S. Army on countering hostile measures.

The Bear Went Over the Mountain

Russia's Military Strategy and Doctrine

Elite forces need elite vehicles. As Vladimir Putin has devoted effort and funds into modernising Russia's armed forces and turning them into an instrument geared not just for defending the Motherland but also projecting power beyond its borders, Russia has seen a growing emphasis on special and specialist forces. Traditionally, the elite Spetsnaz commandos had to make do with regular vehicles or civilian-based 'technicals', not least to conceal their presence (or, indeed, very existence). Now, increasingly at the forefront of Russian power projection, the Spetsnaz are acquiring more capable, versatile vehicles, such as the paratroopers' BTR-D personnel carrier, and also experimenting with exotic, specialist new acquisitions, such as the Chaborz M-3 buggy and Yamaha Grizzly all-terrain vehicle. The other elite branches of Russia's forces, such as the Arctic-warfare troops of the 200th Independent Motor Rifle Brigade, the paratroopers of the Air Assault Troops (VDV), the Naval Infantry, and the elite units of the security forces are also developing and fielding new vehicles for their specialist roles, from combat snowmobiles to urban-warfare vehicles. From highly-mobile LMVs able to operate in the deserts of Syria or the streets of Ukraine, through dedicated fire-support vehicles such as the air-droppable Sprut-SD or the massive BMPT 'Terminator', to amphibious tanks and drone-equipped security trucks, these are the workhorses of Russia's special forces. This study explores all these combat vehicles in detail, combining expert analysis from Russia expert Mark Galeotti with highly accurate full-colour illustrations and photographs.

Combat Vehicles of Russia's Special Forces

You don't need to be a trained soldier to fully appreciate this edition of the U.S. Army Improvised Munitions Handbook (TM 31-210). Originally created for soldiers in guerilla warfare situations, this handbook demonstrates the techniques for constructing weapons that are highly effective in the most harrowing of circumstances. Straightforward and incredibly user-friendly, it provides insightful information and step-by-step instructions on how to assemble weapons and explosives from common and readily available materials. Over 600 illustrations complement elaborate explanations of how to improvise any number of munitions from easily accessible resources. Whether you're a highly trained soldier or simply a civilian looking to be prepared, the U.S. Army Improvised Munitions Handbook is an invaluable addition to your library.

Fangs of the Lone Wolf

Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for

anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

Military Modernization and the Russian Ground Forces

This Tactical Manual (TM) is the result of more than a quarter century of experience at the highest professional levels, based on a solid foundation of SOF selection and training, reinforced by deployments to multiple conflict zones spanning pre-9/11 and the current Global War On Terror. The contents of the TM are combat proven and time tested small unit tactics employed on Light Infantry, Special Operations and Paramilitary deployments. The TM is intended to support training and operations for small tactical units. The TM utilizes a number of sources, including United States and British Army doctrine, mixed with training and operational best practices and lessons learned. The TTPs laid out are ideal for special operations, light infantry and paramilitary tactical organizations, based on proven tactical principles. Max Velocity Tactical operates the Velocity Training Center (VTC) tactical and leadership training facility near to Romney, West Virginia, where we provide training for US Special Operations Forces and Responsible Citizens. MVT has established a reputation on the leading edge of tactical live fire and force on force training; we are dedicated to developing tactical excellence.

The Soviet Army

This collection of vignettes was written by Soviet junior officers describing their experiences fighting the Mujahideen guerillas. It is not a history of the Soviet-Afghan war, but snapshots of combat as seen by young platoon leaders, company commanders, battalion commanders and military advisers.

The 48 Laws of Power

Russia's Military Strategy and Doctrine is designed to educate Russia watchers, policymakers, military leaders, and the broader foreign policy community about the Russian Armed Forces and security apparatus across the full spectrum of geographic, doctrinal and domain areas. Each chapter addresses a different strategic-level issue related to the Russian

military, ranging from naval and maritime doctrine, to the role nuclear weapons play in its strategy, to cyber and electromagnetic warfare, to Moscow's posture in the Arctic or the Black Sea, to the lessons its Armed Forces have learned from their ongoing operations in Syria and eastern Ukraine. And each section of the book is written by one of the world's foremost experts on that theme of Russia's military development. The key questions emphasized by this book include "how Russia fights wars" and "how its experiences with modern conflicts are shaping the evolution of Russia's military strategy, capabilities and doctrine." The book's value comes not only from a piecemeal look at granular Russian strategies in each of the theaters and domains where its Armed Forces may act, but more importantly this study seeks to present a unifying description of Russia's military strategy as a declining but still formidable global power. Russia's Military Strategy and Doctrine will be an essential reference for US national security thinkers, NATO defense planners and policymakers the world over who must deal with the potential military and security challenges posed by Moscow.

Spetsnaz Manual of the Military Scout

The Bear Went Over the Mountain is a collection of vignettes written by Soviet junior officers describing their experiences fighting the Mujahideen guerillas.

The Other Side of the Mountain: Mujahideen Tactics in the Soviet-Afghan War

In this encyclopedic book, Lewis provides insights into the origins, training, tactics, weapons and achievements of special forces and special mission units throughout the world, focusing particularly on US and UK forces. He also looks at the codes that bind the members of these elite units together. He reveals training secrets in everything from wilderness survival to hand-to-hand combat. In doing so, he draws extensively on biographies, autobiographies, training manuals, interviews and press coverage of key operations. The elite forces covered include: The British Army's Special Air Service (SAS), established in 1950, which has served as a model for the special forces of many countries. Its counter-terrorist wing famously took part in the hostage rescue during the siege of the Iranian Embassy in London in 1980. The Parachute Regiment, the airborne infantry element of 16 Air Assault Brigade, which spearheads the British Army's rapid intervention capability. It is closely linked to United Kingdom Special Forces. The US Navy's SEALs (Sea, Air, Land Teams), trained to conduct special operations in any environment, but uniquely specialised and equipped to operate from and in the sea. Together with speedboat-operating Naval Special Warfare Combatant-Craft Crewmen, they form the operational arm of the Naval Special Warfare community, the Navy component of the US Special Operations Command. Their special operations include: neutralizing enemy forces; reconnaissance; counter-terrorism (famously in the killing of Osama bin Laden); and training allies. The US Army's Delta Force: The Special Mission Unit, 1st Special Forces Operational Detachment-Delta (1st SFOD-D), known simply as Delta Force, the Army component of Joint Special Operations Command. Its role is counter-

terrorism, direct action and national intervention operations, though it has the capability to conduct many different kinds of clandestine missions, including hostage rescues and raids. The US Army Rangers, a light infantry combat formation under the US Army Special Operation Command. The Green Berets - motto: 'to free the oppressed' - trained in languages, culture, diplomacy, psychological warfare and disinformation. Russia's Spetsnaz, whose crack anti-terrorist commandos ended the Moscow theatre siege, and who have a reputation for being among the world's toughest and most ruthless soldiers. Spetsnaz units saw extensive action in Afghanistan and Chechnya, often operating far behind enemy lines. Israeli Special Forces, especially Shayetet 13 (Flotilla 13), whose motto, in common with the rest of the Israeli military, is 'Never again', a reference to the Holocaust. They are particularly adept at the specifically Israeli martial art Krav Maga, which they dub 'Jew-jitsu'.

The Palgrave Handbook of Philosophy and Public Policy

The Counter Terrorist Manual

The Great Bear at War

Since the collapse of the Soviet Union, Russia's army has undergone a turbulent transformation, from the scattered leftovers of the old Soviet military, through a period of shocking decay and demoralization, to the disciplined force and sophisticated 'hybrid war' doctrine that enabled Vladimir Putin to seize Crimea virtually overnight in 2014. Using rare photographs and full colour images of the army in action, profiles of army leaders and defence ministers, as well as orders of battle and details of their equipment and dress, this is a vivid account of the army's troubled history and of its current character, capabilities and status. Written by an internationally respected author with remarkable access to Russian-language sources and veterans, this study is essential reading for anyone wishing to understand the growing power of Russia's military.

Special Forces Guerrilla Warfare Manual

Russia's political leaders are currently pushing a state- and society-wide process of modernization. The Russian military, a deeply conservative institution, is being asked to accept fundamental changes that threaten the very livelihoods of those being asked to implement them. New structures can be created and new equipment and technologies procured, but the crucial element is the degree to which such changes are accepted by the human element. This is often the most difficult

aspect in any process of organizational change. It is no wonder that the military modernization process is progressing slowly in Russia. The Russian ground forces will not be very different in the next few years than they are now. Time and future investment will eventually produce the more refined army that a host of Russian politicians have wished to see. But it will take time and investment

National Security Strategy of the United States

A rare glimpse into how Soviet Spetsnaz and KGB units protected and defended their country from perceived enemies - inside and outside its borders. Includes special sections for Alpha Teams on assassination, sabotage and kidnapping.

Lessons from Russia's Operations in Crimea and Eastern Ukraine

The Soviet war in Afghanistan was a grueling debacle that has striking lessons for the twenty-first century. In *The Great Gamble*, Gregory Feifer examines the conflict from the perspective of the soldiers on the ground. During the last years of the Cold War, the Soviet Union sent some of its most elite troops to unfamiliar lands in Central Asia to fight a vaguely defined enemy, which eventually defeated their superior numbers with unconventional tactics. Although the Soviet leadership initially saw the invasion as a victory, many Russian soldiers came to view the war as a demoralizing and devastating defeat, the consequences of which had a substantial impact on the Soviet Union and its collapse. Feifer's extensive research includes eye-opening interviews with participants from both sides of the conflict. In gripping detail, he vividly depicts the invasion of a volatile country that no power has ever successfully conquered. Parallels between the Soviet invasion of Afghanistan and the U.S. invasions of Afghanistan and Iraq are impossible to ignore—both conflicts were waged amid vague ideological rhetoric about freedom. Both were roundly condemned by the outside world for trying to impose their favored forms of government on countries with very different ways of life. And both seem destined to end on uncertain terms. A groundbreaking account seen through the eyes of the men who fought it, *The Great Gamble* tells an unforgettable story full of drama, action, and political intrigue whose relevance in our own time is greater than ever.

Spetsnaz

This heavily illustrated manual provides a timely, in-depth review of the art of sniping in war and antiterrorist environments. Drawing on a vast, firsthand knowledge of sniper skills, former British Army sniper and sniper instructor Mark Spicer describes the role of the sniper in peace and in war, in reconnaissance and counter-surveillance, in cities, in vehicles, at night and by day. He presents crucial information about training and equipment, judgment and positioning, details of great relevance to professional marksmen, both military and law enforcement. This comprehensive manual will also be of interest

to hunters, weapons enthusiasts, competition shooters, and paintball participants. The book is complimented by 280 full color illustrations, diagrams, and related information.

The Bear Went Over the Mountain

Duck punch, cover block and knee strike. Boxing, wrestling and Ju-Jitsu. Gameplan, lines of attack and final disengagement. If taking flight isn't an option, fighting is a necessity. Extreme Unarmed Combat is the authoritative handbook on an immense array of close combat defence techniques, from fistfights to headlocks, from tackling single unarmed opponents to armed groups, from stance to manoeuvring. Presented in a handy pocketbook format, Extreme Unarmed Combat's structure considers the different fighting and martial arts skills an individual can use before having to consider at the areas of the body to defend. It teaches how to attack without getting hurt, and how to incapacitate an opponent. With more than 120 black-&-white illustrations of combat scenarios, punches, blocks and ducks, and with expert easy-to-follow text, Extreme Unarmed Combat guides you through everything a person need to know about what to do when escaping trouble isn't an option. This book can save lives.

U.S. Army Improvised Munitions Handbook

Spetsnaz: Scout Physical Training Manual

This report assesses the annexation of Crimea by Russia (February–March 2014) and the early phases of political mobilization and combat operations in Eastern Ukraine (late February–late May 2014). It examines Russia's approach, draws inferences from Moscow's intentions, and evaluates the likelihood of such methods being used again elsewhere.

The Great Gamble

In 1998 while changing after a kali training session, a friend approached Kevin Secours with a videocassette and asked, "You ever seen the Russian martial arts?" Looking at the Cyrillic label on the video, Secours asked, "Any good?" "It's interesting," the friend replied. "Weird as hell but interesting." Little did Secours know that tape would be his introduction to a 16-year (and counting) journey into the unorthodox world of the Russian martial arts, including years of high-level training under top Russian masters. On the video Secours saw mobility exercises unlike anything he had ever experienced. As he was to learn, the uniqueness of the Russian martial arts stemmed from the uniqueness of the country itself. The Cold War in the 1950s, during which the superpowers battled for supremacy, was the final forge that refined the Russian martial arts

into what they are today. In anticipation of global warfare, the Soviet government commissioned combat researchers to travel throughout the world to study different approaches. They tested these methods and integrated the best concepts with their own native traditions. This period of development led to the creation of distinct Soviet martial arts, including Sport Sambo, Combat Sambo, and Samoz, which was later modified and became known simply as Systema (literally "the System"). Approaching Systema from a decidedly Western perspective, Secours pressure-tested the strengths and benefits of every concept and technique, and ultimately took only what served him. He built his Combat Systema curriculum on a scientific approach to bio-mechanics, breath training, and combat psychology. In *The Complete Book of Combat Systema*, he keeps things practical, provable, and profitable for you to incorporate what works into your self-defense training.

The Modern Russian Army 1992-2016

With an epilogue on recent Russian spying, a “page-turner of a memoir” (Publishers Weekly) about an American civilian with a dream, who worked as a double agent with the FBI in the early 2000s to bring down a Russian intelligence agent in New York City. For three nerve-wracking years, from 2005 to 2008, Naveed Jamali spied on America for the Russians, trading thumb drives of sensitive technical data for envelopes of cash, selling out his beloved country across noisy restaurant tables and in quiet parking lots. Or so the Russians believed. In fact, Jamali was a covert double agent working with the FBI. The Cold War wasn’t really over. It had just gone high-tech. “A classic case of American counterespionage from the inside...a never-ending game of cat and mouse” (The Wall Street Journal), *How to Catch a Russian Spy* is the story of how one young man’s post-college-adventure became a real-life intelligence coup. Incredibly, Jamali had no previous counterespionage experience. Everything he knew about undercover work he’d picked up from TV cop shows and movies, yet he convinced the FBI and the Russians they could trust him. With charm, cunning, and bold naiveté, he matched wits with a veteran Russian military-intelligence officer, out-maneuvering him and his superiors. Along the way, Jamali and his FBI handlers exposed espionage activities at the Russian Mission to the United Nations. Jamali now reveals the full riveting story behind his double-agent adventure—from coded signals on Craigslist to clandestine meetings at Hooter’s to veiled explanations to his worried family. He also brings the story up to date with an epilogue showing how the very same playbook the Russians used on him was used with spectacularly more success around the 2016 election. Cinematic, news-breaking, and “an entertaining and breezy read” (The Washington Post), *How to Catch a Russian Spy* is an armchair spy fantasy brought to life.

The Russian Kettlebell Challenge

ENGLISH TRANSLATION The book is a Russian textbook on geopolitics. It systematically and detailed the basics of geopolitics as a science, its theory, history. Covering a wide range of geopolitical schools and beliefs and actual problems.

The first time a Russian geopolitical doctrine. An indispensable guide for all those who make decisions in the most important spheres of Russian political life - for politicians, entrepreneurs, economists, bankers, diplomats, analysts, political scientists, and so on. D.

Foundations of Geopolitics: the Geopolitical Future of Russia

This is a translation of a manual utilized by the Soviet Union to train soldiers in the techniques of infiltration, reconnaissance, and battlefield surveillance. It emphasizes the high standard the Soviet, and later, Russian military places on physical fitness as a fundamental requirement for mission success. The manual concludes with instructions for the layout and construction of specialized courses for perfecting the skills illustrated within this manual. These tactical courses have been found in Columbia, Chechnya, Afghanistan, Iraq, and Syria. FARC, Al Qaeda, and ISIS are known to use these tactical courses to train their recruits. Clearly these techniques are quickly spreading through conflict zones worldwide. The drills are simple, easy to learn, and easily retained and are well suited for training motivated but unskilled recruits. As the Spetsnaz say: 'Do more with less.'

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